

In This Issue of  
NORTHWOODS NEWS

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Upcoming Events

Whips and Wheels Driving Club

**February 17<sup>th</sup> Sunday** Valentine Drive with cones and obstacles after lunch to be hosted by Faith in Salisbury. Directions to come. Start time 10:00 am BYOL Fee:\$15.00 SEE EVENT FLYER PAGE for DIRECTIONS

**March 29<sup>th</sup> Saturday** "So You Want to Learn How to Drive!" Paradox Farm Start time 10:00 am BYOL Fee:\$15.00

[www.whipsandwheelsdrivingclub.org](http://www.whipsandwheelsdrivingclub.org)

**Greetings From**  
***Northwoods Stable***



Dear Friends:

We believe in the virtues of integrity, commitment, honesty and hard work. These are timeless values. We value our relationship with our customers and consider ourselves successful when those we do business with become our friends. Sound familiar? It should. It is at the beginning of our Boarding Agreement. When we began our business it was with the wish that we could provide a safe haven for creatures and humans alike. We wanted a facility that welcomed all just the way they were with no care of which equitation people preferred or what breed of animal resided here. My idea was to have a refuge for the bonding and learning to take place where people and animals alike felt at peace and made themselves at home. Folks, I think we are getting there and just to be able to verbalize that is something to celebrate. I thought that being February was the month we honor St. Valentine I would say just how much that we appreciate all of you. Thank you for accepting our way of life here and pitching in when there is something extra to do. We understand how much patience and understanding it takes to see our rescue horses come and go and we love your hearts for that patience and understanding that you all seem to continually give.

*From the Northwoods family, we would like to wish you all a*

*Happy Valentine's Day!*

*We love you all!*

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Email: [rescuediva@windstream.net](mailto:rescuediva@windstream.net)

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HERO Day TBA  
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**Parelli tour**

**Williamston, NC**

**Feb 9-10, 2008**

Senator Bob Martin Eastern Agricultural  
Center  
Ag Center 'Coliseum'  
2900 NC Highway 125 South , Williamston ,  
NC 27892

Parking Fee: \$ 0.00  
ph: 252-792-5802 fax: 252-792-5892

**Fletcher NC**

**March 29-30, 2008**

Western NC Ag Center  
McGough Arena  
1301 Fanning Bridge Rd , Fletcher , NC  
28732

Parking Fee: \$ 0.00  
ph: 828-687-1414 fax: 828-687-9272

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Trois Parelli Play Days

TBA  
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**NCSU Short Courses**

**Ring Steward Feb. 1**

Ramada Inn Blue Ridge, Raleigh

**Equine Hoof Care and**

**Shoeing Short Course**

March 14-15, Equine Education Unit

Raleigh, NC

**Horse Protection Officer's Short  
Course**

May 5-7 Orange County

**Horse Feeding Short Course**

May 15

May 15 Ramada Inn Blue Ridge

**Horse Field Day**

May 17

Equine Education Unit

## Check These Out!

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### HORSE HAPPENINGS

#### **Horse Industry Referendum 2008**

The Horse Industry Promotion Referendum for 2008 will occur on Wednesday March 5th. A favorable vote will authorize continuing a self-assessment of \$2.00 per ton on commercial horse feed for three years to provide funds to promote the interests of...

<http://www.nchorsecouncil.com/>

**What Breed of Horse are You? Find out here:**

<http://www.geocities.com/hlquiz/index.htm>

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**A nice site that promotes unity with the horse and rider:**

<http://www.equinesynergism.com/>

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**This website has almost a magical feel to it with Kim McElroy's art.  
Enjoy: [www.spiritofhorse.com](http://www.spiritofhorse.com)**

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**Check out HERO's, (horse education and rescue organization), for ever  
changing information: <http://heroequinerescue.org>**

Guilford County Agricultural Center,  
3309 Burlington Road  
Greensboro, NC 27405 7:00 p.m. --  
9:30 p.m.

**Monday, February 4** - Skin Conditions:  
hives, ring worm, rain rot, thrush,  
sunburn -fungus on head and legs  
(summer problems)- Reidsville  
Veterinary Hospital Group, Reidsville,  
NC

**Monday, February 11** - Equine  
Chiropractic & Acupuncture - Dr Jim  
Myers Neuse River Veterinary Hospital,  
Wendell, NC

**Monday, February 18** - Hauling &  
Transporting Horses -- Laws &  
Regulations for the towing vehicle,  
Weigh Stops, Horse Trailer  
Maintenance, Safety tips for the trip -  
Graham Moore - NC Horse Council

**Monday, February 25** - Care & Feeding  
of the Young & Older  
Horse -(Birth to Yearling, and the Senior  
Horse) - Dr. Bob Mowrey, NCSU

**Monday, March 3** - Importance of Rider  
Position & Balance To Achieve The Right  
Response From the Horse - Cindy Sydnor,  
Dressage trainer, Judge, Instructor,  
USDF examiner - Braeburn Farms - Snow  
Camp, NC

**Monday, March 10** - Forages for horses,  
Pasture Management &  
Fertilization, Weed Management &  
Poisonous Plants in the Southeast - Sue  
Ellen Johnson, NCSU Extension Forage  
Specialist, Leon Warren, NCSU

**Monday, March 17** - Equestrian Trails &  
Trail Riding - Trail design and  
maintenance, Trail issues in North  
Carolina, Where to trail ride in NC (and  
near-by), Planning your riding/camping  
trips, trail etiquette and trail tips. -  
Barbara Oslund - NC Horse Council

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Another site with lots of training photos:

<http://www.blumoonspanishmustangs.com>

One of my very favorite sites. Lots of eye candy! The Nakota horses have very distinctive ears.

<http://www.nokotahorse.org/history.php>

So did you know that there are guide horses just like guide dogs?

<http://www.guidehorse.org/>

Want to have some fun on horseback? Try Equicaching!

<http://equicaching.com/index.html>

### Education

"In the end,  
We will conserve only what we love,  
We will love only what we understand,  
We will understand only what we are taught."

~ Baba Dioum, Senegalese Conservationist

### **Horse Biomechanics:**

"Biomechanics is the study of the forces acting on a biological system, such as the effects of the laws of motion on an animal." To understand why our equine receive the injuries they do is to understand the biomechanics of the horse:

[http://www.equinemechanics.com/horse\\_1.html](http://www.equinemechanics.com/horse_1.html)

### Feb. 9 - COGGINS CLINIC

The Union County Saddle Club will be hosting a Coggins Clinic on Saturday, February 9th from 9 am to 1 pm on the Union County Saddle Club Show grounds. Dr. Robin Smith of Yellowhorse Mobile Veterinary Service will be collecting Coggins test blood samples for \$20.00. Old Coggins test results are not necessary but helpful, so bring if you have them!

Northwoods Family,

Angie Redding is currently accepting new clients to line up her spring lessons. Her business cards have been left in the barn on the bulletin board. Please call her for a free consultation today!!!!

Dawn Wick has been working tirelessly to bring a site together that would best describe the functions and abilities of Northwoods Stable

If you would like a link to your business or equine related personal site please send the information as soon as possible. We will incorporate pictures of the horses here as well as some pictures of you in and around the barn. If, for any reason at all, you do not want your picture or pictures of your equine on our site, please notify me in writing before February 28 2008.

### BABY ITS COLD OUTSIDE!



Generally cold weather does not affect a horse dramatically. For the most part they are adaptable to the cold temperatures but there are some management issues to be reminded of. The easiest way to clarify what some of the issues are is to explain some of the “biomechanics” of heat balance. The proper term would be referred to as thermoregulation.

Balance is the difference between heat loss and heat gain. When speaking of heat one may use the term ‘energy’ synonymously. Your best source of heat is generated internally by the body, the metabolic engine, so to speak.

Heat can be lost through several different avenues.

**Conduction:** is defined as the transfer of heat from a warmer object to a cooler object. Conductive heat loss with horses occurs while lying on the cold ground surface. Conduction is also a major source of heat loss in wet turn out coats or rugs, due water’s excellent conductive properties.

**Convection:** Convective heat loss occurs in response to movement of fluid or displacement of warm air next to the body. The biggest factor contributing to convective heat loss of course then is, wind.

**Radiation:** Radiative heat loss occurs relatively infrequently with horses. Given the chance most horses will grow a thick coat with sub layers of hair that prevents losing heat by radiating outward. If the horse has no coat or is extremely thin a blanket or rug should be considered.

**Evaporation:** Evaporative heat loss occurs when a liquid such as sweat changes to a vapor. This change requires heat. In other words a period of intense physical activity and sweating in cold conditions, followed by rapid evaporation and chill after stopping to rest.

Heat loss through respiration follows into the evaporation category by the displacement of warm air in the lungs by cold air taken in. Significant moisture and thus body heat can be lost through respiration.

So what can we do to make sure our furry friends are warm? Several things, one is providing shelter. Horses that are sheltered conserve up to 20% more heat than horses exposed to the elements outside. If your horse does not have a thick winter coat, is aged or malnourished adding a blanket or rug to help keep the heat in is a great way to help. Making sure that is you have exercised your horse to the point of perspiration to dry him or her thoroughly before placing the animal back out in the environment.

We can also supply energy in the form of extra forage or fiber. In most cases this is done by increasing the hay intake but there are several other additives one can add to the diet during cold periods of time to increase the horse's ability to generate heat internally. The most common additives are beet pulp, hay stretcher and alfalfa cubes. When added to the daily ration of grain with warm water not only does it make a tasty mash it adds water to the horse's system. Here at Northwoods your horses are always treated with a mash either mixed with beet pulp or alfalfa cubes on the coldest of nights. Of course as always we provide extra hay.

A poem with unknown author I want to share.....

### **When I Am Old**

When I am old I shall wear diamonds and a wide brimmed straw hat, with ribbons and flowers on it. And I shall spend my social security on white wine and carrots and sit in the alley of my barn and listen to my horses breathe.

I will sneak out in the middle of a summer's night and ride the dappled mare across the moonstruck meadow, if my bones will allow. And when people come to call, I will smile and nod, as I walk them past the gardens to the barn and show, instead, the flowers growing there in stalls fresh lined with straw.

I will learn to shovel and sweat and wear hay in my hair as if it were a jewel and I will be an embarrassment to all who have not yet found the peace in being free to love a horse as a friend. A friend, who waits at midnight hour with muzzle and nicker and patient eyes, for the kind of woman I will be, when I am old.

## Remarks

We are planning the improvement goals for 2008. Two major things we would like to accomplish will be to get rid of the old round pen and replace it with a wooden one; and to separate the back paddock opening the lower one up further. We would also like to paint the main barn! Did I hear someone say PAINT PARTY? We provide paint and party goods and you all supply the arms??????????????

One thing that will take place is the building of the dry stack. We have changed the location to be in the back pasture behind the basketball goal. This will allow us to level the manure pit, fence it in and have another turn out lot.

For now I will have to e-mail your invoices. All that have advised me to include their horse in our program will be billed what I had to pay for the dewormer prior to the first of the month. So, you should have already received your invoice. For those of you not opting to have your horse included, you will be responsible for the deworming and providing proof of such to us within 30 days, per boarding agreement. This is required because all of our horses live in close proximity to one another; therefore the incidence of infestation is greater. We strive to keep infestations at a minimum by dragging the pastures, rotating the horses and deworming on a regular basis.

### **DEWORMING SCHEDULE-ADULT HORSES**

#### **Months of the Year:**

**January:** Fenbendazol, we use Safeguard (given Jan. 28<sup>th</sup> 2008)

**March:** Ivermectin

**May:** Pyrantel

**July:** Fenbendazole

**September:** Ivermectin/Praziquantal, we use Equimax

**November:** Pyrantel

So in closing, I would like to thank you all for your patronage and offer you all an incentive to bring a friend to our facility. We have a couple of stalls open for rent so the first one to refer someone that brings their horse here to board with us will receive \$50.00 off of their March board.