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NORTHWOODS NEWS

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Upcoming Events

Clinic at "Why Not An American Ark", in Monroe on January 5 and 6, 2008. Saturday's clinic will be from 10 to 4 and Sunday from 1 to 4. The cost for this clinic is \$21.00 which is for 1 child and 1 to 2 parents/adults. Each additional child/parent/adult will be \$3.00 each.

This clinic is geared toward the first time horse owner. Show season is fast approaching; a lot of children want their own horse. Parents are unsure of this investment. We will be limiting this clinic to 15 children with their parents.

If you are interested, you may call me at 704-219-3559 to register and pay the day of clinic.

First Annual REINS Conference

January 12-13, 2008

Sanford, NC

HERO Day TBA

Greetings From
Northwoods Stable

Dear Friends:

I hope you all had a very wonderful Christmas with your family and loved ones! We enjoyed having our annual Christmas Barn Party and seeing all of you that participated.

Each new year offers a time for reflection. Most of us think over what we have learned and done the past year and contemplate how it is we can make the upcoming year a little better, productive or meaningful.

In 2007 I learned to be a bit more forgiving. I grieved losses both from those I loved and from abilities I have lost. In reflection I think I almost obsessed about these types of things to the point of non production. Those realizations have made me become more focused on the joy of living here at Northwoods and loving my family and friends. The continuation of that focus is what I am making as my own personal goal for the New Year.

2008 is a leap year! We get an extra day of living so, as I focus more on life, love, laughter and the blessings God has given to me, I sincerely wish to all of you joy, in whatever form joy takes for you.

Nelly

**From the Northwoods family, we would like to wish you all a
Very Happy New Year!**

We hope you all have a great 2008

Email: rescuediva@windstream.net

Website: coming soon through an avenue to you!

Check These Out!

Amazing Horse Mural - Sent to me in e-mail, you have to see it to believe it! This mural was unveiled at the Cochrane Ranche House. Each tile is 1 foot square, is its own individual picture, and each is by a different artist. All of them together form this huge horse mural. You can click on each of the tiles to see them in detail <http://www.muralmosaic.com/Cochrane.html>

Parelli tour

Williamston, NC

Feb 9-10, 2008

Senator Bob Martin Eastern
Agricultural Center
Ag Center 'Coliseum'
2900 NC Highway 125 South ,
Williamston , NC 27892
Parking Fee: \$ 0.00
ph: 252-792-5802 fax: 252-792-5892

Fletcher NC

March 29-30, 2008

Western NC Ag Center
McGough Arena
1301 Fanning Bridge Rd , Fletcher , NC
28732
Parking Fee: \$ 0.00
ph: 828-687-1414 fax: 828-687-9272

Trois's Parelli Play Days

TBA

NCSU Short Courses

Ring Steward Feb. 1

Ramada Inn Blue Ridge, Raleigh

Equine Hoof Care and

Shoeing Short Course

March 14-15, Equine Education Unit

Raleigh, NC

**Horse Protection Officer's Short
Course**

May 5-7 Orange County

Horse Feeding Short Course

May 15

May 15 Ramada Inn Blue Ridge

Horse Field Day

May 17

Equine Education Unit

Making Your Horse Road Safe Video - For those of you, who ride horses near busy roads and traffic, check out Scot Hansen's video, *Making Your Horse Road Safe*. Here's more about it:

This video will show you what you and your horse need to do in order to ride safely on the roads around motorcycles and vehicles. The techniques are broken down so that you can easily see how to begin training, how to position yourself, and the aids you need to give your horse. You will learn: How to begin with basic ground work and flagging techniques, How to introduce your horse to switching eyes, How to safely introduce your horse to a vehicle, How to teach your horse to be brave and confident, How to handle motorcycles.

To check out this video: <http://www.horsethink.com/Video-RoadSafeHorse.html>

(there is a fee for this video)

Julie Goodnight's New Horse Master TV Show - natural horsemanship trainer and clinician, Julie Goodnight, has a new TV show that premieres this month on RFD-TV, called *Horse Master*. For more information on this great new show (and to check out Julie's "casting call" for her new show), check out Julie's web site: <http://www.juliegoodnight.com>

Check out HERO's, (horse education and rescue organization), for ever changing information: <http://heroequinerescue.org>

Check out this site: <http://www.rddavis.org/equitation/>

Announcing online on demand Television for the Horse World!

Check it out: <http://www.nickernetwork.com/>

I highly recommend this site!!

Guilford County Agricultural Center, 3309 Burlington Road Greensboro, NC 27405 7:00 p.m. - 9:30 p.m.

Monday, January 28 - Health Care - The Healthy Horse --Vaccinations, Deworming and Biosecurity - Dr Becky Scarlett - Scarlett Mobile Large Animal Services, Asheboro, NC

Monday, February 4 - Skin Conditions: hives, ring worm, rain rot, thrush, sunburn -fungus on head and legs (summer problems)- Reidsville Veterinary Hospital Group, Reidsville, NC

Monday, February 11 - Equine Chiropractic & Acupuncture - Dr Jim Myers Neuse River Veterinary Hospital, Wendell, NC

Monday, February 18 - Hauling & Transporting Horses -- Laws & Regulations for the towing vehicle, Weigh Stops, Horse Trailer Maintenance, Safety tips for the trip - Graham Moore - NC Horse Council

Monday, February 25 - Care & Feeding of the Young & Older Horse -(Birth to Yearling, and the Senior Horse) - Dr. Bob Mowrey, NCSU

Monday, March 3 - Importance of Rider Position & Balance To Achieve The Right Response From the Horse - Cindy Sydnor, Dressage trainer, Judge, Instructor, USDF examiner - Braeburn Farms - Snow Camp, NC

Monday, March 10 - Forages for horses, Pasture Management & Fertilization, Weed Management & Poisonous Plants in the Southeast - Sue Ellen Johnson, NCSU Extension Forage Specialist, Leon Warren, NCSU

Monday, March 17 - Equestrian Trails & Trail Riding - Trail design and maintenance, Trail issues in North Carolina, Where to trail ride in NC (and near-by), Planning your riding/camping trips, trail etiquette and trail tips. - Barbara Oslund - NC Horse Council

Education

Knowledge is Power

Just what are supplements?

Nowadays supplements come in every shape, size, form and mixture. It can be overwhelming when you are trying to figure out just what is right for your furry four-legged friend. Your veterinarian is who I would recommend for the most valuable guidance in determining which, if any, supplement is right for your horse. Through trial and error, as most folks, I have my favorites and old standbys that I like to use. Not every horse is the same as you will find that not every supplement is the same.

A short list of a just few supplements:

Joint Health:

Glucosamine- an amino sugar extracted from shellfish shells and also a natural occurring cartilage building blocks in the body. Use it to help the production and repair of cartilage.

Chondroitin- a protein molecule found in connective tissue and cartilage. This is usually extracted from another animal source such as cow's tracheae, a pig's snout or more commonly for humans, the shark cartilage.

Hyaluronic acid- an organic molecule that is a key component of the synovial or joint fluid.

Hoof Health:

Biotin- known as vitamin H or B7. This helps in the production of keratin and improves the growth rate and quality of the hoof horn.

Lysine- an amino acid that plays a role in the formation of collagen, the absorption and retention of calcium and tissue growth and repair.

Zinc- a mineral essential to the formation and maintenance of cartilage, bone, skin, hair and the hoof horn.

Methionine- an amino acid that contains sulfur that helps in the production of keratin. Keratin is a protein that forms the basis for hair and hoof horn.

Introducing

A new addition to our
Northwoods Family,
Angie Redding

Angie is an accomplished horsewoman who brings with her a vast knowledge of horse equitation. She will be available for consults, lessons and clinics.

Her background includes:

25 years in experience in the equine industry area

15 years experience as a hunt seat riding instructor

She is a member of the American Riding Instructors Association (ARIA)

Certified open horse show judge in hunt-seat, saddle-seat and western pleasure

She is also a certified instructor for the Special Olympics of NC (Forsyth County Equestrian Team) and last but not least a certified REINS member and volunteer

WELCOME ANGIE!

We hope that she will be able to officially meet and greet everyone at our next clinic, but until then if you see her around the stable please welcome her into our family.

Announcing the near completion of our new website!!!!

Dawn Wick has been working tirelessly to bring a site together that would best describe the functions and abilities of Northwoods Stable

If you would like a link to your business or equine related personal site please send the information as soon as possible. We will incorporate pictures of the horses here as well as some pictures of you in and around the barn. If, for any reason at all, you do not want your picture or pictures of your equine on our site, please notify me in writing before January 31 2008.

These are but a few of many supplements. It would take pages to cover all of the supplements out there. The key thing is to realize when contemplating adding supplements is to ask your vet first and then research. There is a lot of useful information given on labels. Make sure you are not overdosing the animal and be patient waiting for results. For instance, it takes nearly a year for a horse to grow a completely new hoof, which means long term supplementation to see the benefits. Of course, nothing beats a good basic diet of forage supplemented with grain.

Remarks

2007 was a year of ups and downs for Northwoods. The drought has really hampered the updates but we did manage to separate the pastures, place a new riding ring, new storage building and have the upper paddock and front pastures seed drilled with rye and fescue grasses. We also installed the wiring for the automatic waterers so that they are snugly heated during the cold months with no worry of frozen water. The boys worked some long days trying to haul off the manure so that we can have a compost building erected through the grant we have. It will be a high priority as we must move it before March or lose the grant money. Speaking of grant money, we are looking at the hay programs through NCSU. The outlook for this spring's crop of hay still looks pretty grim. Prices are not expected to come down much. In lieu of this we are really going to have to cut corners in order to try to keep the boarding fees as they are.

There have been several instances where we have found hay in the stalls. So you may be thinking why is that a problem? We have certain hay that we place in the stalls and there is hay to put in the fields. We are also finding that the horses do not eat all of the extra hay placed in the stalls so we are finding the stalls quite littered with wasted hay, leaves, etc. It is time consuming to clean up and money spent on hay is being wasted when we have to throw away the soiled

hay. We feel that we have no choice but to enact fees for the extra hay placed in the stalls. If you feel your horse needs more hay and do not want our assistance, we will be charging market value for the bales of hay you use and if the stalls are lined with wasted hay and leaves, we will charge an extra \$5.00 per happening for our extra time to clean the stalls. Market value of hay will be based on what LTD feed store in King NC is charging for their hay. We have always strived to give your horse just what they need without regard to how much “extra” they are getting. We regret having to take these measures but we must insure continuity and do our best to reduce waste.

This year we plan to incorporate invoices to keep up with ancillary charges. I used to have a rate sheet that I will find again and make sure everyone has one. It included charges for blanketing, holding for farriers etc. We have been very lax in actually charging for our time in doing these things but have found that time adds up and we just have to tighten the reins, so to speak.

In tightening the reins we will no longer be able to include deworming your horse in with the boarding fee. You will have to incur that cost but we will gladly include you in our bulk purchase to save you some \$\$\$. Just let us know if you would like us to purchase the dewormer and we will place your cost on your invoice. Below is a sample of a deworming schedule that we will be following this year:

DEWORMING SCHEDULE-ADULT HORSES

Months of the Year:

January: Fenbendazol, we use Safeguard

March: Ivermectin

May: Pyrantel

July: Fenbendazole

September: Ivermectin/Praziquantal, we use Equimax

November: Pyrantel

2007 brought new friends to Northwoods and lost a very dear one. Scottie turned around just the other day thinking he saw Shadow's big head hanging outside his stall window. Sigh, we miss that old man. We could never make it through times of trouble like that without our most respected veterinarian on call, Dr. Tom Dixon. He is truly a man committed to his career and love of animals.

So in closing, I would like to thank you all for your patronage this past year and friendship and hope to continue our quest in providing a safe and enjoyable atmosphere for you, your family and your furry friends.